



Jane Kingston

I am passionate about **empowering people** and working towards **equality**. I have been working and volunteering within the sector since the late 1990s in a range of small and large organisations in grassroots and strategic positions. Working across the north east to support and empower underrepresented groups and campaign for change in public policy. I have specialised in managing services for job seekers, lone parent families, older people, and mental health service users.

I have represented the Voluntary Sector on a range of boards including Northumberland HealthWatch, North Tyneside VODA and Riverside Community Health Project.

I am a qualified life/business coach and in a variety of roles I have specialised in **facilitation, community development, fundraising, volunteer management, public policy, coaching, advocacy and management.**

I currently manage a team at Advocacy Centre North to help people who use mental health services have a voice and access to services. I also run a coaching business to support people and organisations to **make effective changes.**